RELATIONSHIPS BUILD BABIES’ BRAINS

Every moment matters for young children. The brain’s structure is still being built after birth and forms the foundation for a child’s future health, behavior and learning. Touch, soothing, and a sense of security are crucial for healthy brain development.

Nutrition and health begins at home.
Breastfeeding for the first six months of a baby’s life is known to improve overall health and bonding. Paid family leave not only allows women to breastfeed their babies longer, but also better protects children from infection and viruses. Earlier returns to work correlate with fewer medical checkups and less breastfeeding.

Learn more at www.FamiliesValued.org.

Sources:
- American Academy of Pediatrics: Infants (0-1 Years)
- Center for Disease Control, “Exclusive Breastfeeding”
- Cleveland Clinic “Is Your Newborn Immune System Strong Enough?” (2017)